

CrossRef DOI of original article:

1 The Self-Efficacy of Preservice Teachers in STEM Pedagogical 2 Content Knowledge

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4 Received: 1 January 1970 Accepted: 1 January 1970 Published: 1 January 1970

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6 Abstract

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9 **Index terms—** The quality of STEM education is directly related to the knowledge, pedagogy and self-efficacy of the teachers
10 who are responsible for driving instruction. Teachers who have a strong understanding of STEM concepts and
11 pedagogy can effectively engage students in hands-on, inquiry-based learning experiences that promote critical
12 thinking, problem-solving, and creativity. On the other hand, if teachers lack the necessary knowledge and skills,
13 they may struggle to effectively teach STEM subjects, leading to disengagement and limited learning outcomes
14 for their students.

15 Preservice teachers' content knowledge and self-efficacy are direct indicators of their performance in the future
16 classroom ?? Nasir et al., 2019). Studies also reveal that teachers spend more time teaching in the content areas
17 where they feel most confident and may even neglect some content altogether due to discomfort (Bybee, 2010).
18 If preservice teachers are not properly prepared to teach STEM as a cohesive unit of 21st-century skills, they
19 may devote less time or omit STEM content altogether.

20 STEM is a widely used acronym developed for science, technology, engineering, and mathematics (Jong et al.,
21 2021). It is a term utilized from preschool to postgraduate levels to describe related content, higher education
22 majors, and occupations (Marrero et al., 2014). STEM education is critical for the United States to compete
23 in a global marketplace (Dejarnette, 2016; ??eterson et al., 2011). The rationale for STEM education is often
24 focused on the need to prepare students to have the required 21st-century skills necessary for economic security,
25 environmental impacts, and competitiveness in a global marketplace (Du Plessis, 2020; Koehler et al., 2013).
26 STEM education prepares students to be "actively engaged citizens of society" in the future (Du Plessis, 2020,
27 p.1466 In order for teachers to be able to produce and deliver this type of curriculum, teacher preparation
28 programs need to include a solid foundation of teaching STEM in the classroom (Dejarnette, 2016).

29 There is a plethora of information regarding STEM careers, the lack of diversity in STEM fields (including
30 college majors and occupations), and how/why STEM education is vital to remain competitive in a global
31 economy (Hutton, 2019; ??erna et al., 2010). Teachers' instructional practices play a crucial role in addressing
32 these needs by helping students learn in STEM classes and develop their aspirations to pursue STEM careers
33 (Guzey et al., 2014).

34 However, teachers commonly use the pedagogical methods they are most comfortable with, and these may
35 not be aligned with best practice for teaching STEM. Further, teachers tend to spend less time teaching content
36 that they do not feel they know well, which contributes to teachers spending less time teaching students STEM
37 in the classroom ??Sterling, 2006). A lack of knowledge in STEM content and best practices for teaching STEM
38 adversely affects teachers' self-efficacy when providing STEM instruction (Epstein & Miller, 2011).

40 1 II. SELF-EFFICACY AND TEACHING

41 Preservice teachers must believe in their abilities to teach successfully in the classroom ?? Educators with higher
42 self-efficacy are more likely to approach problems as challenges to conquer and new information to be attained
43 (Salar, 2021).

44 As teacher self-efficacy increases, so does their beliefs in their students' abilities (Pearman et al., 2021). Yildiz
45 and Arici (2021) acknowledge teachers' self-efficacy directly correlates to their student's self-efficacy. When

6 INSTRUMENTATION

46 teachers with high levels of self-efficacy believe in their students, student achievement and even student self-
47 efficacy increases (Michael et al., 2020; Moawad & Corkett, 2021). Research has shown that a teacher's self-efficacy
48 determines the amount of time spent teaching a subject, therefore, how much time a student is allotted to learn
49 a topic (Chen et al., 2021). Students of teachers with high self-efficacy tend to have higher levels of motivation,
50 engagement and display appropriate classroom behavior (McLean et al., 2019). Students with high self-efficacy
51 teachers also benefit from lower anxiety levels and stronger problem-solving skills (Jamil et al., 2012).

52 In contrast, teachers with lower self-efficacy tend to teach with more teacher-centered strategies, such as
53 reading from a textbook and having students fill in worksheets (Kayg?z et al., 2020).

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56 In teacher-centered instruction students are passive while the teacher is active. Lectures, note taking, and
57 students sitting quietly at their desks is much of a teacher-centered approach to education. The teacher is the
58 authority figure, students are submissive, and there is no collaboration. Educators with lower self-efficacy may
59 also experience more self-doubt and have a limited ability to persevere through challenges (Salar, 2021). McLean
60 et al. (2019) found a relationship between teacher self-efficacy and teacher burnout that may impact teacher
61 perception of student behavior.

62 3 III. SELF-EFFICACY IN STEM TEACHERS

63 Research on teachers regarding their beliefs, attitudes and efficacy around teaching STEM show that they find
64 value in STEM education and are more likely to have interest in teaching STEM and to learn more about teaching
65 STEM when they have high self-efficacy. In a study of K-12 engineering and technology teachers, Asunda and
66 Walker (2018) found K-12 teachers had mixed reactions to STEM education but acknowledged its importance.
67 Some teachers reported high levels of self-efficacy, while others reported difficulty assessing students in STEM
68 education and problem-based learning. Teachers articulated they had limited knowledge on how to teach STEM
69 effectively. Positive attitudes toward STEM is important as it is related to an increase in explicit instruction of
70 the integrated STEM approach and participation in authentic STEM activities ??Cetin, 2021).

71 Other research has demonstrated that when teachers have an interest in and experience with STEM activities
72 they have greater self-efficacy (Cetin, 2021; Chen et. al, 2021; Salar, 2021). Teachers with higher self-efficacy also
73 tend to be those who are interested in more training around STEM. Chen et al. (2021) showed that preservice
74 preschool teachers' STEM self-efficacy was positively correlated to their pedagogical beliefs and desire for further
75 STEM learning or professional development (PD). Engaging in PD around STEM may further increase teacher
76 self-efficacy. For example, Nathan et al. (2011) found that after PD in integrated STEM education, teachers'
77 self-efficacy for teaching STEM significantly increased.

78 PD is often focused on teaching both content and pedagogy. In STEM this is referred to as STEM pedagogical
79 content knowledge (STEMPCK). Although the literature has shown that increased PD leads to higher teacher
80 self-efficacy and this in turn is related to more interest in STEM, it is unclear if higher self-efficacy is related
81 to STEMPCK. Feeling more confident in one's ability to teach STEM is certainly important, however if this
82 confidence is without strong knowledge in both STEM content and pedagogy, it may have unintended detrimental
83 effects such as not preparing students in the way that they need to be. This study examines the relationship
84 between preservice teachers' self-efficacy and STEMPCK.

85 4 IV. METHODS

86 5 Participants

87 Preservice teachers enrolled in teacher preparation programs in the United States were the target population for
88 this study. A total of N=64 preservice teachers participated. The survey participants were primarily between the
89 ages of 18-24 (97%), female (92%) and most identified as White (84%). The participants reported being enrolled
90 in a range of teacher preparation programs including Educational Studies, Middle Grades 4-8, Middle Grades
91 4-8 dual Pre-K-12 Special Education, Music Education K-12, Pre-K-4 Early Grades, Pre-K-4 Early Grades dual
92 Pre-K-12 Special Education, and Pre-K-12 Special Education and Secondary Education. The majority (56%)
93 were enrolled in a Pre-K-4 Early Grades teacher preparation program.

94 6 Instrumentation

95 The STEM Pedagogical Content Knowledge Scale (STEMPCK Scale; Yildirim & ?ahin-Topalcengiz, 2018) was
96 used to rate preservice teacher's knowledge of STEM content and pedagogy. The STEMPCK scale consists of
97 56 items that are rated on a 5-point Likert scale anchored at 1=Strongly Disagree to 5=Strongly Agree. The
98 STEMPCK scale provides an overall score as well as six subscale scores: pedagogical knowledge (PK),

99 **7 Procedures**

100 All procedures were approved by the Institutional Review Board at the authors' university. Student were recruited
101 from four universities in Southeastern Pennsylvania in the United States. One of the schools is a public university,
102 while the other three are private, religiously affiliated higher education institutions. A faculty or staff member
103 at each college and university distributed an email invitation to their students enrolled in teacher preparation
104 programs. If interested, students used a link provided in the email to access both the consent form and the
105 surveys used in this study. As such, all data was collected electronically and the identity of all participants was
106 anonymous. Preservice teachers had an average self-efficacy score of $M=3.27(0.27)$ and this was significantly
107 correlated with overall their scores on the STEMPCK scale. There was a moderate, positive, and statistically
108 significant correlation, $r=.46$, $p<.001$. As STEM pedagogical content knowledge increased, self-efficacy also
109 increased in this sample of preservice teachers.

110 **8 V. RESULTS**

111 Table 2 shows the correlations between self-efficacy and the six subscales of the STEMPCK Scale. Self-efficacy
112 was strongly and significantly correlated with each subscale ($p<.05$) except for engineering and mathematics
113 ($p=.18$). The strongest correlations existed between self-efficacy and PK knowledge ($r=.50$) and 21 st century
114 skills ($r=.48$). Moderate positive correlations existed between self-efficacy and science ($r=.33$) as well as self-
115 efficacy and technology ($r=.33$). However, the correlations with self-efficacy were weaker for engineering ($r=.16$)
116 and mathematics ($r=.23$). Overall, the preservice teachers in this study reported high self-efficacy, which is
117 encouraging given that higher self-efficacy is related to positive outcomes. The purpose of this study was to
118 examine if self-efficacy was related to STEMPCK. The results showed this to be the case. As preservice teachers'
119 STEMPCK knowledge increases, their self-efficacy also increases. Prior research has shown that teachers' with
120 higher self-efficacy are more motivated to teach STEM, however there was a gap in understanding whether they
121 were also prepared to teach STEM. The results of this study show that preservice teachers with higher self-
122 efficacy were also well prepared to teach STEM as higher scores in self-efficacy were related to higher scores of
123 pedagogical knowledge, science, technology and 21 st century skills. The Self-Efficacy of Preservice Teachers in
124 STEM Pedagogical Content Knowledge measures of motivation with a larger sample, analysis could examine the
125 path of the relationships between all three variables.

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128 **10 VII. CONCLUSION**

129 This study has found that the more STEM pedagogical content knowledge preservice teachers have, the higher
130 their self-efficacy. These results are encouraging as preservice teachers will be preparing students to solve
131 ongoing problems including the need for renewable energy, growing national security as technology advances,
and continuing to combat disease in an increasing human population. ^{1 2}

132 Figure 1:

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² Volume 23 | Issue 13 | Compilation 1.0

security, disease, climate change, and energy efficiency need STEM competent citizens to innovate potential solutions (Du Plessis, 2020). In essence, students need strategies and skills to solve problems that may not currently even exist (Barrett-Zahn, 2019).

Teachers require STEM-related skills and knowledge to provide effective STEM instruction (Yildirim & ?ahin-Topalcengiz, 2018, p.4). Quality STEM education and instruction prioritizes hands-on, real-world, and authentic experiences for genuine problem-solving opportunities for students (Siekmann, 2016). To engage students in STEM education, schools require programs that integrate engineering and technology into the curriculum of mathematics and science (Kennedy & Odell, 2014). Focusing on inquiry, design, and innovation utilizing technology is another example of quality STEM instruction (Kennedy & Odell, 2014). Teachers must also recognize and celebrate the accomplishments of their students in STEM (Yildirim & ?ahin-Topalcengiz, 2018).

Figure 2:

Schwarzer & Jerusalem's (1995) Generalized Self-Efficacy Scale was used to measure preservice teachers' self-efficacy around teaching. The scale has 10 items rated on a 4-point Likert scale anchored at 1=Not at All to 4=Completely True. Data from participants in 23 countries has demonstrated that the scale is unidimensional and reliable with Cronbach alpha ranging from $\alpha=.76$ to $\alpha=.90$ (Schwarzer & Jerusalem, 1995).

Figure 3:

Figure 4: Table 1 .

1

	Mean	SD	Minimum	Maximum
STEMPCK	3.76	0.43	2.84	4.57
PK	4.26	0.40	3.25	5.00
Science	2.93	0.78	1.22	4.44
Technology	3.62	0.75	1.71	5.00
Engineering	2.90	0.71	1.57	5.00
Mathematics	3.73	0.78	2.00	5.00
21st-Century	4.43	0.40	3.57	5.00

Figure 5: Table 1 :

1. PK	Pearson's r	-	-	-	-	-	-
2. Science	Pearson's r	-	-	-	-	-	-
3. Technology	Pearson's r	-	-	-	-	-	-
4. Engineering	Pearson's r	-	-	-	-	-	-
5. Mathematics	Pearson's r	-	-	-	-	-	-
6. 21st-Century	Pearson's r	-	-	-	-	-	-
7. Self-Efficacy	Pearson's r	-	-	-	-	-	-

VI. DISCUSSION

If students are to remain in the proverbial STEM pipeline and gain essential 21st-century skills, they must be properly prepared. Students require teachers with passion, drive, and high levels of self-efficacy. Teacher self-efficacy is a direct indicator of student achievement, and teachers' own experience with subjects like science and mathematics can determine the amount of time spent on that content (Thomson et al., 2018).

Teachers with high levels of self-efficacy are more likely to try different instructional strategies and provide opportunities for authentic hands-on student-centered learning (Cheung et al., 2019). The need for professional development in schools demonstrates that teachers are not coming into the classroom prepared to integrate STEM as a tool to promote 21st-century competencies (Nowikowski, 2017).

Preservice teachers with high levels of self-efficacy are more successful in the classroom (Michael et al., 2020). Motivation, flexibility, and adaptability are also characteristics of teachers with high levels of self-efficacy (Chen et al., 2020; Masri et al., 2021). Pearman et al. (2021) found that as teachers' self-efficacy increased, their

Correlations between Self-Efficacy and student achievement and student increase (Moawad & Corkett,

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Figure 7:

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134 The Self-Efficacy of Preservice Teachers in STEM Pedagogical Content Knowledge Education, 12 (1), 81-99.
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