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# 1 Management of a Solid Pseudopapillary Tumor of the Pancreas 2 in a Country with Limited Resources: About a Case

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## 6 Abstract

7 Pseudo-papillary and solid tumors of the pancreas are rare tumors of uncertain  
8 etiopathogenesis. We report the difficulty of managing a pseudopapillary tumor in our  
9 country, where resources were limited. Our objective was to discuss therapeutic management  
10 about the literature. Observation: This is a 19-year-old young woman. View in consultation for  
11 chronic abdominal pain, without neoplastic family history. Abdominal palpation revealed an  
12 intra-abdominal mass syndrome. Abdominal computed tomography had shown a  
13 heterogeneous solid cystic tumor mass in the corporeal-caudal region, well encapsulated, well  
14 limited, without infiltration, without peripheral lymph nodes with homogeneous contrast  
15 uptake, without vascular invasion or remote secondary location. We are to decide on  
16 pancreatic enucleation by laparotomy. The diagnosis was confirmed a histological study of the  
17 surgical specimen. The evolution was favorable remote non metastasis or recurrence after two  
18 years of follow-up.

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### 20 *Index terms—*

21 Observation: This is a 19-year-old young woman. View in consultation for chronic abdominal pain, without  
22 neoplastic family history. Abdominal palpation revealed an intraabdominal mass syndrome. Abdominal  
23 computed tomography had shown a heterogeneous solid cystic tumor mass in the corporeal-caudal region, well  
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26 by laparotomy. The diagnosis was confirmed a histological study of the surgical specimen. The evolution was  
27 favorable remote non metastasis or recurrence after two years of follow-up. Keywords: surgery; women; young  
28 adult; prognosis; pancreatic tumors.

## 29 1 I. INTRODUCTION

30 Solid pseudopapillary tumor of the pancreas is a relatively rare tumor, most often found in young women [1,2].  
31 In general, it is a tumor with a low potential for malignancy ??3.4]. It is a tumor with clinical polymorphism.  
32 These tumors are now recognized with increased frequency thanks to the progress and improvement of imaging  
33 techniques. We report a case of pseudo-papillary tumor of the pancreas, which was treated by pancreatic  
34 enucleation, in a 19-year-old young woman seen at the Joseph Ravoahangy Andrianavalona University Hospital  
35 of Antananarivo (CHU-JRA). Our objective was to discuss therapeutic management compared to the literature.

## 36 2 II. OBSERVATION

37 Young ??).

38 Surgical treatment was performed by midline supraumbilical laparotomy; on exploration: there was no  
39 peritoneal carcinomatosis. After the opening of the posterior cavity of the omentums, we found a rounded  
40 and well-defined tumor sitting at the corporate-caudal level of the pancreas with no visible lymphadenopathy.  
41 A frozen section histological examination was performed, showing a well encapsulated tumor. A lumpectomy by  
42 pancreatic enucleation was performed (Figure 2).

## 4 IV. CONCLUSION

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43 The anatomopathological study of the surgical specimens showed a brownish piece, firm, well encapsulated,  
44 measuring 12x8x7 cm, of heterogeneous brownish-white content with necrotic hemorrhagic changes and a well-  
45 encapsulated lymph node of 1cm long axis without tumor invasion or vascular embolism. On histological  
46 examination, it was a solid pseudopapillary tumor of the pancreas with reactive lymph node hyperplasia.

47 The postoperative follow-up was simple after a postoperative hospital stay of seven days without adjuvant  
48 therapy without complications of pancreatic fistula. With a follow-up of 2 years, the patient is in good general  
49 condition with no clinical or CT scan recurrence.

## 50 3 III. DISCUSSION

51 The pseudopapillary tumor of the pancreas is a rare exocrine pancreatic tumor in the order of 2% and accounts  
52 for less than 5% of cystic tumors of the pancreas [4]. It was described by Frantz in 1959 [5]. They are low-grade  
53 malignant tumors composed of poorly cohesive uniform epithelial cells forming solid, pseudopapillary structures.  
54 [4]. There are less than 1000 cases reported in the literature, mainly in the form of isolated instances. Similar  
55 to our patient, it is a predominantly female tumor with a sex ratio of 0.18. It occurs at a young age, with an  
56 average age of 29.3 years [6]. Its pathogenesis remains poorly understood; its female predominance may be linked  
57 to hormonal factors [7]. Most of the series in the literature find a black or Asian ethnic origin, such as our patient  
58 ??6.8].

59 The preferential localization of this tumor is corporeal-caudal in 64% of cases. However localizations at the  
60 level of the head of the pancreas or even extra-pancreatic can be found. [1,2]. In our case, the tumor was found in  
61 the body of the pancreas. It is a solid mass delimited by a capsule and associating areas of hemorrhage, necrosis,  
62 and calcifications. Symptoms are generally not specific, often incidental discovery of an abdominal mass, or  
63 abdominal pain with signs of digestive compression, depending on the size of the tumor [9] which explains the  
64 symptoms of our patient by compression. There are no specific biological signs of the pseudopapillary tumor  
65 of the pancreas. The immunohistochemistry examination, coupled with the histological examination, poses the  
66 diagnosis of certainty of the disease [10]. Immunohistochemistry is a very efficient examination but not routinely  
67 available in our country. Pancreatic pseudopapillary tumors are usually located in the tail of the pancreas. It is  
68 a large tumor containing solid and cystic components due to necrosis, hemorrhage, and cystic degeneration. The  
69 radiological aspect of the cancer shows a well-encapsulated, heterogeneous complex mass with solid and cystic  
70 components [1]. Abdominal ultrasound, most often finds a well-limited cystic mass with regular contours, poorly  
71 vascularized, with heterogeneous contents and no interior partitions, such as our case. Computed tomography  
72 is the most requested examination and better than ultrasound in terms of precision, which finds the same  
73 characteristics on ultrasound with partial enhancement in the periphery after injection of the contrast product  
74 without invasion of neighboring organs and possible intra-tumoral hemorrhage and calcification consistent with  
75 our case [1].

76 Despite the superiority of MRI over computed tomography and ultrasound, our patient could not benefit  
77 from magnetic resonance imaging because of the very high cost. In addition, the clinical symptoms associated  
78 with ultrasound and London Journal of Medical and Health Research computed tomography were sufficient to  
79 establish the indication for primary surgery.

80 We proceeded to surgery alone without preoperative biopsy, thanks to anamnestic, clinical, and radiological  
81 evidence. According to the literature, the reference treatment is complete resection by cephalic duodenal-  
82 pancreatectomy, if the tumor is located in the head or body and partial pancreatectomy with partial splenectomy  
83 in the event of a tumor located in the tail of the pancreas, especially in case of capsular rupture or invasion  
84 of neighboring organs [2]. In our case, a spontaneous, an impromptu histological examination was done  
85 intraoperatively which showed a well-encapsulated tumor which motivated us to perform pancreatic enucleation.

86 The advantage of our choice allows decreasing the morbidity and mortality compared to the cephalic duodenal  
87 pancreatectomy in front of a well-encapsulated tumor without capsular rupture or lymph node invasion. The risk  
88 of tumor recurrence varies from 0 to 14% [11] ; with a follow-up of 2 years, no reproduction was reported in our  
89 case. According to the literature, the place of chemotherapy and radiotherapy is in the managing of unresectable  
90 tumors with lymph nodes or distant metastasis [12]. Even in metastasis, the prognosis for long-term survival is  
91 good [6]. In our patient, we did not perform chemotherapy.

## 92 4 IV. CONCLUSION

93 The pseudopapillary tumor of the pancreas is a relatively rare, the symptomatology of which is not specific. The  
94 diagnosis of certainty is based on histology coupled with immunohistochemistry.

95 Imaging examinations make it possible to locate and help with tumor resection. A pancreatic enucleation can  
96 be practiced before a solid pseudo-papillary tumor of the pancreas, well encapsulated without lymph node invasion  
97 or capsular rupture on histological examination. With a low recurrence rate and a good survival prognosis. <sup>1</sup>



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Figure 1: Figure 1 : 6



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